

Refrigerated:

- Vanilla Greek Yogurt*
- Non-fat Plain Greek yogurt*
- Dairy Milk*
- Unsweetened Vanilla Almond milk*
- 2 Cartons of eggs*
- 2 Pounds of ground beef*
- Mexican Cheese blend*
- Grated Parmesan Cheese*
- Ricotta Cheese*
- Cottage cheese*
- Red. Fat Shredded Cheddar cheese*
- Grated part-skim mozzarella cheese*
- 2.5 pounds of Chicken Breast*
- 1.5 pounds of Ground Turkey*
- Turkey Pepperoni*
- Orange Juice*

Fresh Produce:

- 9 large Zucchini*
- 4 Onions*
- Parsley*
- Coleslaw mix*
- Red Onion*
- Goji Berries*
- Basil*
- 2 Avocados*
- 1 Apple*
- 2 heads of Cauliflower*
- Cilantro*

- Water Chestnuts*
- Lime juice (fresh)*
- 2 Red Peppers*
- 1 Green Pepper*
- 2 Large Sweet Potatoes*
- 2 Stalks of celery*
- 2 large Carrots*
- 1 orange*
- Green Onion*
- Bananas*
- Fresh ginger*

Dried Goods

- Peanut Butter*
- Peanut Butter Powder*
- Coconut sugar*
- Dairy Free Mini chocolate chips*
- Old fashioned oats*
- Quick cooking oats*
- Cinnamon*
- Honey*
- Oat Flour*
- Vanilla Protein powder (of choice)*
- Salt*
- Sea Salt*
- Baking Powder*
- Baking Soda*
- Roasted peanuts*
- Vanilla Extract*
- Semi-sweet chocolate*
- Olive oil*
- Taco seasoning*
- Salsa*
- Almond Flour*
- Coconut flour*
- Peanut flour*
- Minced Garlic*
- Italian Seasoning*

- Canned Tomato sauce*
- Crushed tomatoes*
- Toasted Slivered almonds*
- Gluten free Millet-chia bread*
- Peanut oil*
- Soy sauce*
- Siracha*
- Rice vinegar*
- Wraps*
- Flatbread*
- Corn*
- Rice*
- Sun dried tomatoes*
- Garlic salt*
- Pizza sauce*
- Quinoa*
- Chicken broth*
- Beef broth*
- 2 cans of fire roasted diced tomatoes*
- tomato paste*
- tapioca starch*
- Gluten free Panko*
- Avocado oil*
- Sesame seeds*
- Coconut aminos*
- Red pepper flakes*
- Monkfruit or stevia*
- Almond butter*
- Pure maple syrup*
- Dark chocolate*
- Chickpeas*
- Better body agave*
- Vanilla maple infused almond fluff butter*
- Dried Cranberries*